



MENSTRUAL HYGIENE ACCESS

**DESIGN
WORKSHOP
GUIDEBOOK**

AGENDA

6:00pm	Welcome and introduction
6:30pm	Understanding the Menstrual Hygiene Space
7:00pm	Design Activity: Ideation
7:15pm	Design Activity: Prototyping
7:45pm	Presentations!
8:30pm	Wrap up and next steps

Welcome

About

On behalf of the Tactile and Tactical Design Lab at the University of Washington and Atlanta's own Peach Coven, we're delighted to welcome you to a design workshop on Maintaining the Menstrual Body: Interventions on Public Infrastructure. During this 2-hour event, we'll work to collaboratively investigate limitations to current products, services and systems in ways that may reveal paths to new designs or policies aimed at providing more ready and reliable access to menstrual hygiene resources.

Goals

- *Sharpen our understandings of maintenance practice and the distribution of menstrual hygiene resources*
- *Examine design for menstrual hygiene, and reimagine how existing models of material production and distribution might consider maintenance across time and sites*
- *Brainstorm and collectively develop a set of design ideas that we see as addressing crucial distribution concerns, identified in the workshop and expanded on later through online discussion and prototyping activity*

Understanding

TASK

List as many menstrual hygiene resources as possible in 2 minutes.

Questions to think about...

- Who is most affected by lack of access?
- Where are menstrual hygiene products available in your city?

SKETCH / NOTES

Ideation

PROBLEM STATEMENT:

How might we increase access to menstrual hygiene?

TASK 1. Brainstorm at least 10 ideas, with 1 idea per sticky note.

TASK 2. Choose your 3 most promising ideas to share with team.

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TASK 3. Share with your team!

TASK 4. As a team, select one idea to prototype in the next activity.

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Prototyping

TASK

Now that you've picked your most promising idea, spend the next 30 minutes refining this idea. You can use these flip boards to create a detailed sketch, a map, a comic, or even a skit.

SKETCH / NOTES

Presentation

TASK

Present! Make sure to mention the following:

- *Who are you designing for?*
- *How would this system or service be implemented, or how would at what level would this policy take effect?*
- *What about the current environment would need to change to make this happen?*

Save a bit of preparation time to practice your presentation (work out who will say what, what sort of visual aid will you use, if any, etc).

SKETCH / NOTES

Conclusion

DISCUSSION QUESTIONS

What are the barriers to hygiene access that you see now that we've had this discussion?

SKETCH / NOTES



**THANK YOU
FOR PARTICIPATING**